

Weekly Schedule for Food and Basic Needs

Rockingham has many local services that can provide food and basic needs.
Below is where and when help is available.



Updated May 2026

Monday	9am - 12pm	Coastal District Care Centre	Food hampers (health care card required).
	9.30am – 12pm	Vinnies WA	Food, clothing, furniture and bill support (phone for an appointment).
	9:30am – 12pm	The Crew	Meal, showers, and laundry.
Tuesday	9am – 1pm	The Salvation Army	Food hampers, showers, laundry, bread, light lunch and WIFI.
	11.30am – 12.30pm	Invisible Illness Inc.	Mobile Foodbank (registration is required).
	4.30pm - 6pm	ADRA Café	Hot dinner, take away and clothing.
Wednesday	9am - 12pm	Coastal District Care Centre	Food hampers (health care card required).
	9am - 1pm	The Salvation Army	Community lunch, food hampers, showers, bread, and Foodbank.
	10am – 12.30pm	Happy Pantry	Food parcels and fresh produce (small fee may apply).
	10.30am – 12pm	Vinnies WA	Food, clothing, furniture and bill support (phone for an appointment).
	4pm – 5.30pm	FABBQ	Community barbeque.
Thursday	9.30am – 12pm	The Crew	Breakfast, showers, laundry and hampers.
	9.30am – 12pm	Vinnies WA	Food, clothing, furniture and bill support (phone for an appointment).
	10am – 12:30pm	Happy Pantry	Food parcels and fresh produce (Membership fee may apply).
Friday	9am - 12pm	Costal District Care Centre	Food hampers (health care card required).
	9am – 1pm	The Salvation Army	Refreshments, showers, laundry, bread Foodbank and WIFI.
	*Times vary	Youth on Fire	Food relief including fresh fruit and vegetables.
	10am - 1pm	St Brendan’s Homeless Respite	Hot meal and dessert, fresh produce, laundry, clothing and showers.
Saturday	Services currently closed.		
Sunday	*Schedule overleaf*	The CREW Mobile Meals	Takeaway hot meals.



An initiative by the
**Rockingham Emergency
Relief Network**



Service details may change.
Please contact services directly
or scan this QR code to see the
updated flyer online.

Emergency Relief Services

WA Connect

An online directory of Community services in WA. Visit: waconnect.org.au/

ADRA Café

21 Wanliss Street, Rockingham

Anglicare WA

No interest loans and financial counselling.

9528 0702

Monday to Friday 8.30am – 4pm



Coastal District Care Centre

Unit 4, 6 Leghorn Street, Rockingham

roogirl3@live.com.au

0416 413 849



FABBQ

Friends at the beach for people in need and experiencing homelessness.

Governor Reserve, Rockingham

0417 524 009 (Ris), 0409 889 826 (Craig), or 0429 056 288 (Kat).

Wednesday 4pm – 5.30pm



Feed it Forward

Food relief including fresh fruit and vegetables, request through their

[Facebook](#) or [website](#).



Service details may change.

Please contact services directly or scan this QR code to see the updated flyer online.

Foodbank WA

1800 979 777

Monday to Friday 9.30am – 5pm

foodbank.org.au/?state=wa



Happy Pantry

Food relief parcels and fresh produce.

A small fee may apply.

550 St Albans Road, Baldivis

happypantry@outlook.com

0478 757 155

happypantry.org.au/



Invisible Illness Inc.

Hosting Foodbank Mobile Van.

Referrals and registrations are required.

1/12 Day Road, East Rockingham

08 6140 3977

enquiries@invisibleillnesses.org.au

St Brendan's Homeless Respite

Hot meal and dessert, fresh produce,

laundry, clothing and showers.

The Guide Hall, Watts Road, Safety Bay

The CREW

Food hampers, meals, showers and laundry.

5 Cessnock Way, Rockingham

rockingham@thecrew.org.au

The Salvation Army

Community light lunch, food hampers, showers, laundry, bread, and WIFI.

Corner Willmott Drive and Read Street, Cooloongup

rockingham@salvationarmy.org.au

1800 722 363 or 9527 3460



Vinnies WA

Financial counselling, food, clothing, furniture and bill support. An appointment is required.

Unit 1/14 Livingstone Road, Rockingham

9592 7816

Youth On Fire

Food relief including fresh fruit and vegetables.

13 Cessnock Way, Rockingham

Check opening times on their [Facebook](#) page, as they change regularly.



Mobile Service

Sunday by The CREW Mobile Meals

	Sunday Service
4.40pm	Corner Lake Street and Safety Bay Road
5.10pm	Governor Road Reserve
5.30pm	Rockingham Skate Park
5.50pm	Anniversary Park
6.10pm	BP Petrol Station, Dixon Road

Wait at each location for 20 minutes in case of arrival delays