

October Lunch Menu



Freshly prepared by our staff cooks for Centre members and their guests only.

Please book prior to 10am on the day.

Takeaway meals

A large variety of frozen meals are available from 8.30am-3.30pm from the admin office. Fresh takeaway meals are available by pre-paying through the Centre admin office and may be ordered up to two weeks in advance. There is a 50 cent surcharge for packaging. Collection for fresh takeaway meals is between 12.30pm and 3.30pm.

Thursday 1 October

Homemade quiche Lorraine with wedges and salad \$9

Chocolate mud cake and cream

Friday 2 October

Roast chicken Maryland or vegetable pie* with roast potatoes, pumpkin, cabbage and rich gravy \$12

Matchsticks

Monday 5 October

Hawaiian burger, chips and salad \$9

Pavlova with fresh cream and fruit

Tuesday 6 October

Irish stew with colcannon \$9

Lemon cheesecake

Wednesday 7 October

Butter chicken, rice and steamed veg \$11

Mandarin jelly and ice cream

Thursday 8 October

Roast vegetable lasagne with garlic bread and salad \$9 (v)

Choc mint brownie

Friday 9 October

Fish and chips or vegetable schnitzel* with coleslaw and tartar sauce \$12

Creamy rice custard and berry coulis

Monday 12 October

Chicken and leek casserole with mashed potato and vegetables \$11

Fresh fruit salad and cream

Tuesday 13 October

Homemade beef lasagne with chips and garden salad \$12

Biscoff cheesecake

Wednesday 14 October

Western themed luncheon

Thursday 15 October

Grilled chicken Caesar salad with garlic bread \$9

Key lime pie

Friday 16 October

Roast lamb or vegetable pie* with roast vegetables and mint sauce \$12

Apple cake and cream

Monday 19 October

Chicken parmigiana with chips and coleslaw \$11

Mixed berry crumble and ice cream

Tuesday 20 October

Cottage pie or vegetable pie, roast vegetables and gravy \$11

Citrus fruit jelly slice and cream

Wednesday 21 October

Quiche Lorraine with mixed salad and chips \$9

Carrot cake

Thursday 22 October

Vegetable and lentil korma, rice and naan bread \$9 (v)

Banana and dark chocolate chip slice

Friday 23 October

Fish and chips or vegetable schnitzel* with mushy peas and tartar sauce \$12

Sticky date pudding, butterscotch sauce and cream

Monday 26 October

Satay chicken casserole rice and vegetables \$11

Sorbet and fresh fruit

Tuesday 27 October

Mince and dumplings with roast vegetables \$11

Brownie slice

Wednesday 28 October

Spinach and ricotta cannelloni with mixed salad and garlic bread \$9 (v)

Apple pie and custard

Thursday 29 October

Grilled fish with mashed potato, mushy peas and parsley sauce \$11

French vanilla cheesecake

Friday 30 October

Roast beef or vegetable pie* with roast vegetables and horseradish \$12

Pavlova with fresh cream and fruit

Soup \$3.50 Dessert \$6

***Vegetarian option \$9**